WE NEED YOUR HELP!
JOIN THE SMYLE STUDY

We want to hear about your experience of mental health services for young people in Scotland

Who can help?
- Young people aged 12 to 25 who are struggling with mental health, or have struggled with it in the past.
- Parents who have children who are struggling or have struggled with it in the past.

How can you help?
- Sign up for the SMYLE study on our website: www.smyle-study.org
- Tell us about your experiences and your opinions of mental health services for young people in Scotland.

Why should you help?
- Have a say in shaping the future of mental health services for young people in Scotland.
- Receive a £10 Amazon voucher as a thank you for your time.

When can you help?
- Talk to us anytime in February or March 2021, on a day that suits you.

Want to know more?
Follow us on social media or scan the QR code to visit our website

@smylestudy2020
@smylestudy

Supporting Mental health services for Young people

GCU Glasgow Caledonian University