

Sarah and Rebecca's Reading List

Here is a list of the books, websites, podcasts that helped us prepare when supporting young people explore gender and heritage

Gender

Books

Beauty Queens – Libba Bray (A plane full of teenage beauty pageant competitor's crashes on a remote island. A good introduction to intersectional feminism for teens and young adults, and also a fun story.)

Body Positive Power – Megan Crabbe (My first real introduction to body positivity and anti-diet messages. This book definitely influenced my conversations with the girls about body image and beauty standards.)

I Call Myself A Feminist – Edited by Victoria Pepe (Both of us have read this book and it influenced how we approached the project.)

Websites

<https://debuk.wordpress.com/2018/02/22/it-aint-what-you-say/> (A really interesting read about 'gendered' verbs used to describe how people and fictional characters speak.)

<https://www.youtube.com/channel/UChiwtz2tCEfS17N9A-WoSSw> (YouTube account "Pop Culture Detective" has video essays about a variety of topics. Although the videos aren't explicitly feminist or focussed on women's rights, some touch on the portrayal as women in movies and mainstream media.)

Podcasts

The Bechdel Cast – Jamie Loftus and Caitlin Durante (Discussion about mostly mainstream movies and whether they pass the Bechdel test or not, as well as how female characters are portrayed. Some bad language and adult themes.)

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Sarah and Rebecca's Reading List Continued

Heritage

Books

Anthology of Amazing Women by Sarah Lawrence and Nathan Collins (Illustrated short biographies of 50 different women from around the world with achievements in sport, science, the arts, politics and history.)

A History of Britain in 21 Women by Jenni Murray (Fascinating! First Minister Nicola Sturgeon is one of the 21 women, along with Mary Somerville, a Scottish scientist and mathematician from the Borders.)

Websites

http://www.heartofhawick.co.uk/info/19/heritage_hub (Online information about the Heritage Hub, who helped us immensely during our project)

Podcasts

The History Chicks – Beckett Graham and Susan Vollenweider (Podcast about women in history, some real and some fictional. I listen to this regularly!)

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