

# Game: Would you rather...? Part 1

We used this game as both an icebreaker and a main activity. Depending on the questions used, leaders can find out a lot about the group's prejudices or preconceived notions about women. There are also lots of opportunities for discussion. For example, after we asked "Would you rather win an Oscar or a Nobel Prize?" we had a very interesting conversation as a group about the amount of women over the years who actually have won Oscars or Nobel Prizes as compared to men. If leaders are wanting to use the game in this way, they should set aside some time to create questions which will generate conversation, and perhaps also make some notes or gather information to add to the conversation. We Googled Oscar winner and Nobel Prize winners before the session with the girls and were able to give them some facts and figures during our discussion.

Name: Would you rather?

Group size: 4 – 20 people

Time: 10 – 15 minutes

You will need: List of "Would you rather?" questions (example below)

How to play: The leader reads out one question at a time, clearly assigning one side of the room to one answer, and the other to the other answer. Young people must move to one side of the room or the other to indicate their answer. Starting off with funny or silly questions can help the young people to relax and get to know each other, then you can move onto more complex moral or ethical questions as the game progresses. Leaders should question young people about their reasons for choosing one answer or another to start debate and conversation.

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## Game: Would you rather...? Part 2

Notes: This worked as a good ice breaker when we first met our group as it got us all moving and we learnt new things about each other. However, some of the group were reluctant to give reasons for their answers because they did not know us very well. It could be a good idea to only play a few questions at a time with this game and slowly progress to the questions which require more in depth answers as the young people feel more comfortable about sharing their answers and debating with others. The included list of questions are just the ones we used, leaders can create their own, or search online for additional/different questions.

Would you rather...

...always be too cold or always be too hot?

...give up junk food or give up the internet?

...be invisible or be able to read people's minds?

...live 100 years ago or live 100 years in the future?

...never eat chocolate again or never eat ice cream again?

...never use social media again or never see any movies or TV shows again?

...get a compliment from a stranger or from a friend?

...win an Oscar or win a Nobel Prize?

...be famous when you are alive and forgotten after you die, or unknown when you are alive and famous after you die?

\*Not an exhaustive list. Questions are in no particular order

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