

## Outcome 2: Young people manage personal, social and formal relationships



### Indicator 14: Young people have positive role models through youth work

Here is an activity you can use with young people to find out about the role models they have developed through youth work. They can do this individually with a worker or in small groups:

#### Engaging with new people and developing role models

You will need flip chart paper, pens, sticky dots and sticky stars

1. Give each young person a piece of flip chart and some pens and ask them to draw two big circles - one inside the other.
2. Ask each young person to estimate how many young people they have engaged with through youth work and write them in the inside circle.
3. Then ask them to estimate how many adults they have engaged with through youth work and write them in the outer circle

Explain that this is just an estimate but the people you write down you must know their name and have spoken to them at least once, walking past them in the youth centre does not mean you engaged with them.

4. Ask young people how many of the people on their flip chart did they meet for the first time because of youth work - pop a sticky dot next to those you met for the first time through coming along to the youth work provision
5. Open up to a group discussion about what difference it has made meeting new people. Prompt questions if you need them:
  - Who have you met through youth work that you wouldn't have met otherwise?
  - What have you learnt from meeting these new people?
6. Ask young people to identify what makes a good role model? Facilitator to write these down on a flip chart
7. Ask young people to identify which of the people on their flip chart (young person or adult) is a role model for them, - pop a star next to those who are role models
8. Open up to a discussion about role models:
  - Who are your role models locally?
  - Why are they your role models?
  - How did you hear about them or meet them?
  - What difference has it made to you having up positive role models?

